

# *The Cure for Anxiety*

Luke 12:22–34

10\27\2024

## Main Point:

*Defeat anxiety by trusting God's care for you  
while pursuing His purpose for your life*

**1. Recognize God's greater purpose for your life (vs. 22–23)**

**2. Remember what God values (v. 24)**

**3. Reject useless worry (vs. 25–26)**

**4. Start trusting God's provision (vs. 27–28)**

**5. Stop stressing over basic needs (vs. 29–30)**

**6. Seek the Kingdom (vs. 31–34)**