I. Introduction.

A.
B.
C.

II. Manifestations of the “heart”

A. Thoughts
   1.
   2.
   3.
B. We know
   1.
      a.
      b.
      c.
      As a result of these influences

   B. We respond and deal with our thoughts by
      1.
      2.

III. Results of thoughts on
   A.
      1.
      2.