In Ephesians we are said to be “predestined” unto “adoption as sons,” having been chosen “from before the foundation of the world.” See here the exact meaning of predestination, it is God willing in eternity past for a certain future destiny (to destine) from before (pre). This is again tied to the glory of God as Paul explains that He predestined us for a purpose, and the destination of the predestination is the “praise of the glory of His grace.”

Ephesians 1:4-6, 11-14,18 - 4 just as He chose us in Him before the foundation of the world, that we should be holy and blameless before Him. In love 5 He predestined us to adoption as sons through Jesus Christ to Himself, according to the kind intention of His will, 6 to the praise of the glory of His grace, which He freely bestowed on us in the Beloved. NASB

Ephesians 1:11 - In Him 11 also we have obtained an inheritance, having been predestined according to His purpose who works all things after the counsel of His will, 12 to the end that we who were the first to hope in Christ should be to the praise of His glory. NASB

It is also used in Acts to speak about God’s predestined purpose for Christ to be crucified at the hands of sinful men in order to accomplish His “predetermined plan.”

Acts 2:22-23 - 22 "Men of Israel, listen to these words: Jesus the Nazarene, a man attested to you by God with miracles and wonders and signs which God performed through Him in your midst, just as you yourselves know — 23 this Man, delivered up by the predetermined plan and foreknowledge of God, you nailed to a cross by the hands of godless men and put Him to death. NASB

Acts 4:27-28 - 27 "For truly in this city there were gathered together against Thy holy servant Jesus, whom Thou didst anoint, both Herod and Pontius Pilate, along with the Gentiles and the peoples of Israel, 28 to do whatever Thy hand and Thy purpose predestined to occur. NASB

See then the Bible clearly setting forth the idea of God willing in eternity past, according to a specific purpose, the destiny of creatures in time and space, and specifically willing salvation to happen for His elect people.

Easton’s Bible Dictionary gives a succinct definition of Predestination.

PREDESTINATION - This word is properly used only with reference to God's plan or purpose of salvation. The Greek word rendered "predestinate" is found only in these six passages, Acts 4:28; Rom 8:29,30; 1 Cor 2:7; Eph 1:5,11; and in all of them it has the same meaning. They teach that the eternal, sovereign, immutable, and unconditional decree or "determinate purpose" of God governs all events. (from Easton's Bible Dictionary. All rights reserved.)

Calling
Salvation is actually a supernatural work of God which is accomplished by the regenerating work of the Holy Spirit. This is because mankind has a Natural Inability to see, hear or even understand the Gospel. More than this, God
unconditionally elects those who will be saved, and He does this from before the
beginning of time, as we have seen in Foreknowledge, Election, and
Predestination. This is to say that election is not conditioned upon any response in
man but happens because of the free electing grace of God. People get saved in
time and space, because God has chosen them in eternity past and regenerates them
in the course of their life.

John 3:3 - 3 Jesus answered and said to him, "Truly, truly, I say to you, unless one is
born again, he cannot see the kingdom of God." NASB
2 Thessalonians 2:13 - 13 But we should always give thanks to God for you, brethren
beloved by the Lord, because God has chosen you from the beginning for salvation
through sanctification by the Spirit and faith in the truth. NASB

Therefore it is necessary, since Salvation is a supernatural work which is initiated
by God in election and brought to pass by the new birth, that the outworking of this
election have, some point in time and space when it comes to fruition
(Regeneration). Not only this, but when speaking of the Church and those who are
the recipients of salvation, the Bible plainly declares that they are “called” by Him
at some point in their life. This obviously gives light to the fact that God is the
initiator in the process of salvation.

Romans 8:28 - 28 And we know that God causes all things to work together for good to
those who love God, to those who are called according to His purpose. NASB
Romans 1:5-7 - 5 through whom we have received grace and apostleship to bring about
the obedience of faith among all the Gentiles, for His name's sake, 6 among whom you
also are the called of Jesus Christ; 7 to all who are beloved of God in Rome, called as
saints: Grace to you and peace from God our Father and the Lord Jesus Christ. NASB
Romans 9:23-24 - 23 And He did so in order that He might make known the riches of
His glory upon vessels of mercy, which He prepared beforehand for glory, 24 even us,
whom He also called, not from among Jews only, but also from among Gentiles. NASB
1 Corinthians 1:9 - 9 God is faithful, through whom you were called into fellowship
with His Son, Jesus Christ our Lord. NASB
1 Corinthians 1:23-24 - 23 but we preach Christ crucified, to Jews a stumbling block,
and to Gentiles foolishness, 24 but to those who are the called, both Jews and Greeks,
Christ the power of God and the wisdom of God. NASB
2 Thessalonians 2:14 - 14 And it was for this He called you through our gospel, that
you may gain the glory of our Lord Jesus Christ. NASB
1 Timothy 6:12 - 12 Fight the good fight of faith; take hold of the eternal life to which
you were called, and you made the good confession in the presence of many witnesses.
NASB
2 Timothy 1:9 - 9 who has saved us, and called us with a holy calling, not according to
our works, but according to His own purpose and grace which was granted us in Christ
Jesus from all eternity, NASB
Hebrews 9:15 - 15 And for this reason He is the mediator of a new covenant, in order
that since a death has taken place for the redemption of the transgressions that were
committed under the first covenant, those who have been called may receive the
promise of the eternal inheritance. NASB
1 Peter 5:10 - 10 And after you have suffered for a little while, the God of all grace, who called you to His eternal glory in Christ, will Himself perfect, confirm, strengthen and establish you. NASB

And more than this, our salvation is spoken of as a “calling” by God. This speaks of a divine favor or privilege which has been given to all the saints.

Romans 11:28-29 - 28 From the standpoint of the gospel they are enemies for your sake, but from the standpoint of God's choice they are beloved for the sake of the fathers; 29 for the gifts and the calling of God are irrevocable. NASB

1 Corinthians 1:2 - 2 to the church of God which is at Corinth, to those who have been sanctified in Christ Jesus, saints by calling, with all who in every place call upon the name of our Lord Jesus Christ, their Lord and ours: NASB

1 Corinthians 1:26 - 26 For consider your calling, brethren, that there were not many wise according to the flesh, not many mighty, not many noble; NASB

Ephesians 1:18 - 18 I pray that the eyes of your heart may be enlightened, so that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, NASB

Hebrews 3:1 - 3:1 Therefore, holy brethren, partakers of a heavenly calling, consider Jesus, the Apostle and High Priest of our confession. NASB

Consider in Romans 8:30, a brief order of the process of salvation are brought to light in verse 30.

Romans 8:30 - 30 and whom He predestined, these He also called; and whom He called, these He also justified; and whom He justified, these He also glorified. NASB

See here that those whom have been predestined, are called and that these are brought to Justification because the calling by the Spirit “effects” salvation in them. Thus it is an “Effectual Calling.” Through the revelation of the Spirit, those who are called are brought to a place of willing response to the Gospel, by the enabling of the Holy Spirit in regeneration. Jesus speaks of this in John Chapter 6….

John 6:65 - 65 And He was saying, “For this reason I have said to you, that no one can come to Me, unless it has been granted him from the Father.” NASB

We also see this “Effectual Calling” at work in many who were saved in the narrative passages in the Book of Acts. Paul, Lydia and Cornelius are a few examples.

Regeneration
When we think about the biblical word “regeneration”, we must consider first its nature. Regeneration is a word derived from its root, “genesis” or “generate” meaning beginning or create. It is “re” or “again generation.” Plainly said by the apostle Paul…..

2 Corinthians 5:17 - 17 Therefore if any man is in Christ, he is a new creature; the old things passed away; behold, new things have come. NASB

When anyone is born again by the Holy Spirit, he/she becomes a “new creation” of God. They are recreated by the supernatural creative power of God. This is