1 Thess 5:12-13, "But we request of you, brethren, that you appreciate those who diligently labor among you, and have charge over you in the Lord and give you instruction, 13 and that you esteem them very highly in love because of their work. Live in peace with one another."

Luke 14:25-33, "Now great multitudes were going along with Him; and He turned and said to them, 26 "If anyone comes to Me, and does not hate his own father and mother and wife and children and brothers and sisters, yes, and even his own life, he cannot be My disciple. 27 "Whoever does not carry his own cross and come after Me cannot be My disciple. 28 "For which one of you, when he wants to build a tower, does not first sit down and calculate the cost, to see if he has enough to complete it? 29 "Otherwise, when he has laid a foundation, and is not able to finish, all who observe it begin to ridicule him, 30 saying,' This man began to build and was not able to finish.' 31 "Or what king, when he sets out to meet another king in battle, will not first sit down and take counsel whether he is strong enough with ten thousand men to encounter the one coming against him with twenty thousand? 32 "Or else, while the other is still far away, he sends a delegation and asks terms of peace."

Gal 5:22a, 23a, "But the fruit of the Spirit is ... self-control."

Titus 1:7a, 8, "For the overseer must be above reproach as God's steward, ... self-controlled."

1 Tim 4:7b, "... discipline yourself for the purpose of godliness."

1 Cor 9:25-27, "And everyone who competes in the games exercises self-control in all things. They then do it to receive a perishable wreath, but we an imperishable. 26 Therefore I run in such a way, as not without aim; I box in such a way, as not beating the air; 27 but I buffet my body and make it my slave, lest possibly, after I have preached to others, I myself should be disqualified."

Prov 25:28, "Like a city that is broken into and without walls Is a man who has no control over his spirit."

Prov 16:32, "He who is slow to anger is better than the mighty, And he who rules his spirit, than he who captures a city."